



**Quill**  
WRITING CENTRE

# Surviving (and thriving!) first-year university

The course to  
post-secondary success!

## The statistics are daunting:

- First-year marks drop an average of 15%
- Drop-out rate exceeds 25% before second year
- Debt grows \$5,000 for every university year
- Accelerated health degeneration

**Sink or swim?  
Fake it 'til you make it?  
NO!**

There's no need to be  
at the mercy of the system.

Learn how preparation and  
pro-action can be your  
allies in success.

## Discover the "secrets" of:

- Maintaining (or increasing) your GPA in first year ~ effective essay-writing  
*Dropping marks are NOT inevitable*
- Avoiding the turkey blues  
*October is typically misery month, but don't worry, be happy!*
- Living successfully on a shoestring  
*Stretching the bucks without self-denial*
- Enjoying the party  
*Staying healthy while having fun*

## Set a course for SUCCESS!

Monday, May 10 • 6pm-10pm  
Wednesday, May 12 • 6pm-10pm  
Monday, May 17 • 6pm-10pm

Greater Barrie Business Enterprise Centre  
*Above the bus terminal*  
24 Maple Avenue, Suite 202  
\$100 ~ Includes GST and materials

**To register, call 705.623.4213 or email [mlawson@quillcomm.ca](mailto:mlawson@quillcomm.ca)**  
(cash, cheque and credit cards accepted)